

Executive Album Producers:  
MV Gerhard and Mait Verbois

Album Produced for  
La-La Land Records by Ford A. Thaxton

Digitally Edited and Mastered by  
James Nelson at Digital Outland

CD Art Direction: Mark Banning

Shenkar - Featured Vocalist

June Kuramoto - Koto on "Hiro"

Shoji Kameda - Taiko Drums and Voice on "Hiro"

All other instruments are played by  
Lisa Coleman and Wendy Melvoin.

SHENKAR appears courtesy of  
Big Deal Records/RYKO/WEA

Official site for Wendy Melvoin and Lisa Coleman:  
<http://www.wendyandlisa.com/>

Official website for Shenkar:  
<http://www.shenkarworld.com/news.php>

Official website for HEROES TV SERIES:  
<http://www.nbc.com/Heroes/>

Music Published by BARTER MUSIC INC C/O  
UNIVERSAL MUSIC CORPORATION (ASCAP)

Wendy and I would like to start by thanking Tim Kring for his beautiful vision, wild imagination, and enough discipline to create a fantastic show like HEROES! We are also indebted to Allan Arkush for being our friend and mentor for over a decade now. Without him we would never have arrived at this place of creative joy and professional success.

We would also like to thank our engineer Michael Perfitt who is a perfect compliment to our composition style. He is a true musician and understands narrative.

We also want to thank Shenkar for working with us and lending his beautiful voice and talent to the project. He has added a magic to the sound of this score that is unmatched.

Special Thank you to Dennis Hammer for years of support, Steve Parke, Mitch Steele, Shelli Hill, Lori Motyer, and Jenny Barack

LA LA LAND RECORDS wishes to thanks Stacy Ward, Shelli Hill, Mitch Steele, Allan Arkush, Phil Cohen, Wendy Melvoin and Lisa Coleman for making this release possible.

Original Score From The Television Series

# HEROES

Music Composed and Performed by

LISA COLEMAN  
and WENDY MELVOIN

Featuring the Voice of Shenkar

YELLOW MAGENTA CYAN BLACK




#### A NOTE FROM THE EXECUTIVE PRODUCER

Oh boy, they're jumping out of their seats now! They're shouting again, "No way" "I can't believe it!!" "I never saw that coming!" Now she climbs up onto the couch, bounces a couple of times, and leaps into the air "This is the best, the best ever!!" Is this a hometown crowd watching a sports event? Hyperactive kids watching cartoons? No, no, not at all. It's our esteemed composers Wendy Melvoin and Lisa Coleman during a typical music spotting session of "Heroes". The only explanation for this kind of behavior is that beyond being responsible for one of the most important aspects of the show, they are true fans. As such, they can get very enthusiastic, and outwardly passionate, especially when they really, really like an episode.

Wendy, Lisa and I have been working together for 10 years, first on the series "Snoops," then a TNT movie "Prince Charming," the full run of 117 episodes of "Crossing Jordan," and now "Heroes." That's a lot of time spent talking about music, storylines, and characters. Sometimes it feels more like being in a band together than your typical composer/producer relationship. Every episode is done from scratch. Every cue meticulously crafted and composed to compliment each scene and story arc. During spotting sessions, Lisa writes many, many notes and impressions in little notebooks that she fills with her own very



**YELLOW MAGENTA CYAN BLACK**



The discovery of this music was a journey we will never forget, and we are still challenged weekly by each show. As the show travels not only all over the world, but through space and time, we have the chance to experiment with sounds and technologies that we have never been able to utilize.

What you will here on this album are themes and/or motifs that we wrote for each of the main characters.

We filled the pieces by character names and put together cues and highlights from the first season, so that each character, or at least 9 of them, has their own overture.

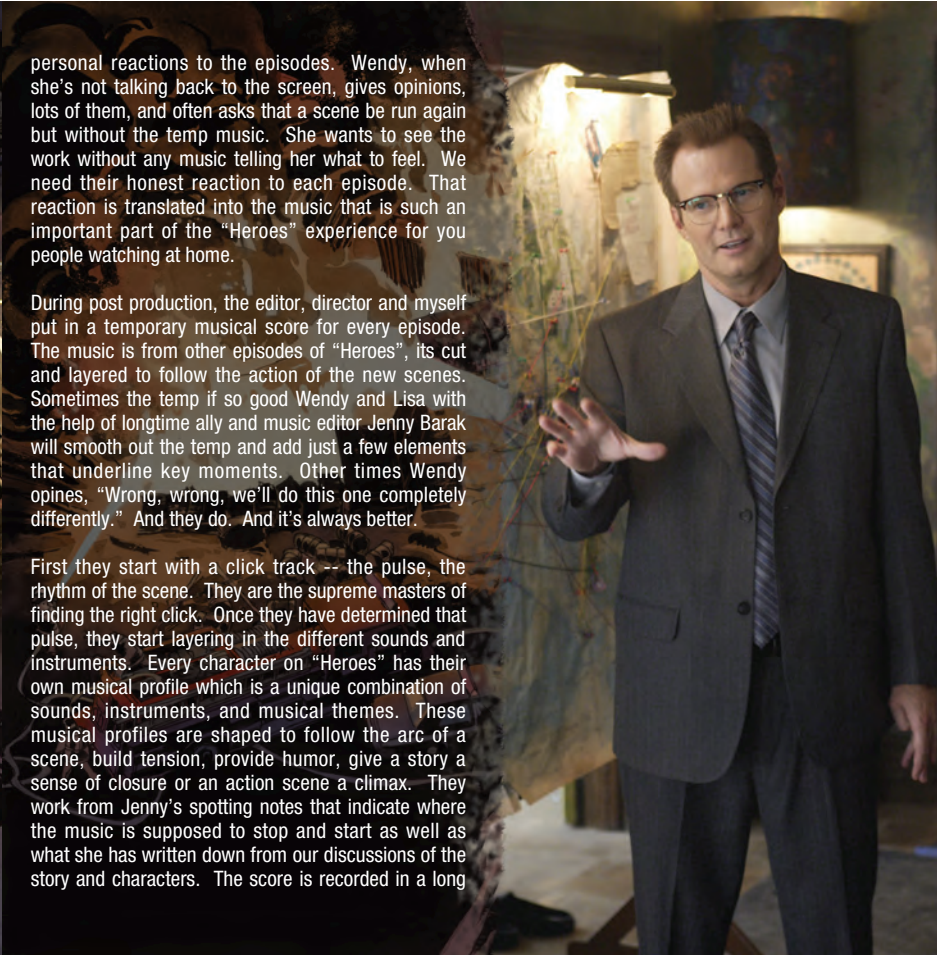
At the end of the cd is the last cue from the final episode of season one, the scene took place in "Kirby Plaza" and features all the cast of characters in one place.

The last piece on this collection is hands down the very favorite among fans, "Fire and Regeneration". We consider this cue to be the sound of HEROES. The cue that gave us the direction for the series.

Sit back and enjoy the journey. If we had a superpower it would be synesthesia, the sound of what we see.

This is HEROES MUSIC.

**Lisa Coleman and Wendy Melvoin**  
Composers, HEROES  
Los Angeles CA  
February 2009




personal reactions to the episodes. Wendy, when she's not talking back to the screen, gives opinions, lots of them, and often asks that a scene be run again but without the temp music. She wants to see the work without any music telling her what to feel. We need their honest reaction to each episode. That reaction is translated into the music that is such an important part of the "Heroes" experience for you people watching at home.

During post production, the editor, director and myself put in a temporary musical score for every episode. The music is from other episodes of "Heroes", its cut and layered to follow the action of the new scenes. Sometimes the temp if so good Wendy and Lisa with the help of longtime ally and music editor Jenny Barak will smooth out the temp and add just a few elements that underline key moments. Other times Wendy opines, "Wrong, wrong, we'll do this one completely differently." And they do. And it's always better.

First they start with a click track -- the pulse, the rhythm of the scene. They are the supreme masters of finding the right click. Once they have determined that pulse, they start layering in the different sounds and instruments. Every character on "Heroes" has their own musical profile which is a unique combination of sounds, instruments, and musical themes. These musical profiles are shaped to follow the arc of a scene, build tension, provide humor, give a story a sense of closure or an action scene a climax. They work from Jenny's spotting notes that indicate where the music is supposed to stop and start as well as what she has written down from our discussions of the story and characters. The score is recorded in a long

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narrow 10 by 20 studio lined with many guitars, several keyboards, rhythm instruments from all corners of the world, computers full of thousands of sound samples, lots and lots of pictures of their children, soundtrack CDs, and really strange toys and knickknacks interacting (I'm being polite here) with "Heroes" action figures. Oh yeah, here's the hard part, each episode has at least 35 minutes of music that has to be composed in less than a week. Most TV shows have less than 15 minutes of score per episode.

Tim Kring and I will go to the studio and hear the score played back on the most beautiful sounding speakers ever. The picture, the dialogue, and the music, no sound effects. It's the show in a very pure form -- like a silent movie with dialogue. All blended by the secret musical catalyst, Michael Perfitt, the engineer. We will sometimes give notes and Michael, the maestro of the protocols, makes immediate changes. Sometimes there are no notes and we are speechless, overwhelmed by this blending of picture and music. Then I may jump up on the couch and shout, "No way, awesome. I never saw that coming!!" At the end of the day we are all just a bunch of "Heroes" fans. Music Geeks to the center of our souls.

**Allan Arkush**  
Executive Producer, Director  
Los Angeles  
February 2009

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